

TIME	RIDER
08:00	Helen Bell
08:40	Kate Broatch
09:20	Helen Bell
10:00	Vicki Raw
10:40	Jo Raw
11:20	Issy Saxby
12:00	Issy Saxby
12:40	Lis Stevenson
13:20	Phil Brown
14:00	
14:40	Phil Brown
15:20	Sandra Good
16:00	Phil Brown
16:40	Helen Hinton
17:20	Liz Wilson
18:00	Georgie Morrison 1