

# Northern England



## Triathlon

Sun 15<sup>th</sup> Feb 2025 at Casterton School  
Casterton, Kirby Lonsdale, LA6 2SG (Exit 36 off M6)  
**Shoot Swim Run**

In accordance with Pony Club Rules

<https://resources.pcuk.org/wp-content/uploads/2026/01/RULEBOOK-Tetrathlon-2026-Web.pdf>

Entry fee: Classes 3-10: £20.00 per competitor, Classes 1, 2 & 11: £15. CLOSING DATE 6<sup>th</sup> FEB 2026

**All entries to be made via [horsevents.co.uk](https://horsevents.co.uk)**

Enquiries to Liz Wilkinson 07711831200 or Emma-Kate 07885330901 or e-mail [southdurham@pcuk.org](mailto:southdurham@pcuk.org)

### Classes- Age as at 1<sup>st</sup> Jan 2026

- 1 Beanie **BIATHLON** (under 8yrs) Beanbag throw, run 500m
- 2 Beanie **TRIATHLON** (under 8yrs) Beanbag Throw, swim 2 min, run 500m
- 3 Tadpole Girls 9yrs and under Shoot two handed, static 7m, swim 2min, run 1000m
- 4 Tadpole Boys 9yrs and under Shoot two handed, static 7m, swim 2min, run 1000m
- 5 Minimus Girls 11yrs and under Shoot two handed, turning 7m, swim 2min, run 1000m
- 6 Minimus Boys 11yrs and under Shoot two handed, turning 7m, swim 2min, run 1000m
- 7 Junior Girls 14yrs and under Shoot one handed, turning 7m, swim 3min, run 1500m
- 8 Junior Boys 14yrs and under Shoot one handed, turning 7m, swim 3min, run 1500m
- 9 Open Girls 25yrs and under Shoot one handed, turning 10m, swim 3min, run 1500m
- 10 Open Boys 25yrs and under Shoot one handed, turning 10m, swim 4min, run 2000m
- 11 Geriathlon (over 25yrs, team of 2/3 or individual) Shoot one handed, turning 7m, swim 2 min, run 1000m. Each team member may take part in 1, 2 or 3 of the competition phases and scores will be combined. Each participant must be fully versed in the rules of that phase and are responsible for their own insurance cover.

**IMPORTANT: ANYONE under 18yrs MUST NOT CARRY GUNS, unless supervised by an adult over 21**

**Team Competition. To be organised dependant on entries.**

**Top Score Trophy** — John Antins kindly presented a perpetual Trophy which is awarded to the competitor gaining the highest score of the day (excluding class 11). Rosettes and Team Rosettes to 6<sup>th</sup> depending on entries

**Catering van will be on site.**

**NO DOGS ALLOWED on school site.**

<b>Legal liability:</b>	Neither the organisers nor any person acting on their behalf, accept any liability for any loss, damage, accident, injury, or illness to competitors, spectators, or any other persons or property whatsoever.
<b>Health &amp; safety:</b>	The organisers of this event have taken reasonable precautions to ensure the health & safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organiser and all officials & stewards