

<b>Group 1 (60cm)</b>	<b>Group 2 (70cm)</b>	<b>Group 3 (80cm)</b>	<b>Group 4 (90cm)</b>
Arrival between 11am-12pm	Arrival between 9.30am-10.30am	Arrival between 10.30am-11.30am	Arrival between 9.30am-10.30am
SJ with Carly (12pm-1pm)	XC with Carly (10.30am-12pm)	XC with Mandy (11.30am-1pm)	SJ with Mandy (10.30am-11.30am)
LUNCH (1.30pm-2.30pm)	LUNCH (12.30pm-1.30pm)	LUNCH (1.30pm-2.30pm)	LUNCH (12pm-1pm)
XC with Mandy (2.30pm-4pm)	SJ with Mandy (1.30pm-2.30pm)	SJ with Carly (2.30pm-3.30pm)	XC with Carly (1pm-2.30pm)
Rider Psychology session with Penny (4.15pm-5.15pm)	Rider Psychology session with Penny (3pm-4pm)	Rider Psychology session with Penny (4.15pm-5.15pm)	Rider Psychology session with Penny (3pm-4pm)