



Brimham Riding Club

Pre-Season Eventing Clinics with Polly Swindells

Open to Members and Non Members

Prepare for the season ahead with dressage, fitness and XC clinics with Polly Swindells (Finnish event rider, reserve for Olympics Rio 2016), suitable for those preparing to compete in unaffiliated eventing or BE.

Sunday 14th February - Test Riding @ Yorkshire Riding Centre, Markington

Warm up, ride the test, receive feedback, work on certain movements, ride again and see the improvements. Choose from the below NEW 2016 tests:

BE96 (2016), BE107 (2016), N130 (2016)

Higher tests available on request

Individual ½ hour session (warm up prior to your allocated time to get the most out of the session)

Members @ £25.00

Non Members @ £35.00



Saturday 20th February - Speed training @ Helen Bells

Speed and fitness training for those wanting to hit those XC times.

Polly will work with you using GPS tracking watches to test your speed along the gallops and discuss ways of improving your XC.

Group lessons 4-5, 1 hour

Members @ £20.00

Non Members @ £30.00

Saturday 27 February - XC training @ Richmond EC

Held on an arena surface, working on technique and rhythm over combinations, skinnies and corners.

Group lessons 4-5, 1 1/2 hour

Members @ £35.00

Non Members @ £45.00



Book onto the whole series for only £70 Members or £100 Non Members

Book via:

www.brimhamridingclub.co.uk

www.horsevents.co.uk

email jannataylor23@hotmail.com